

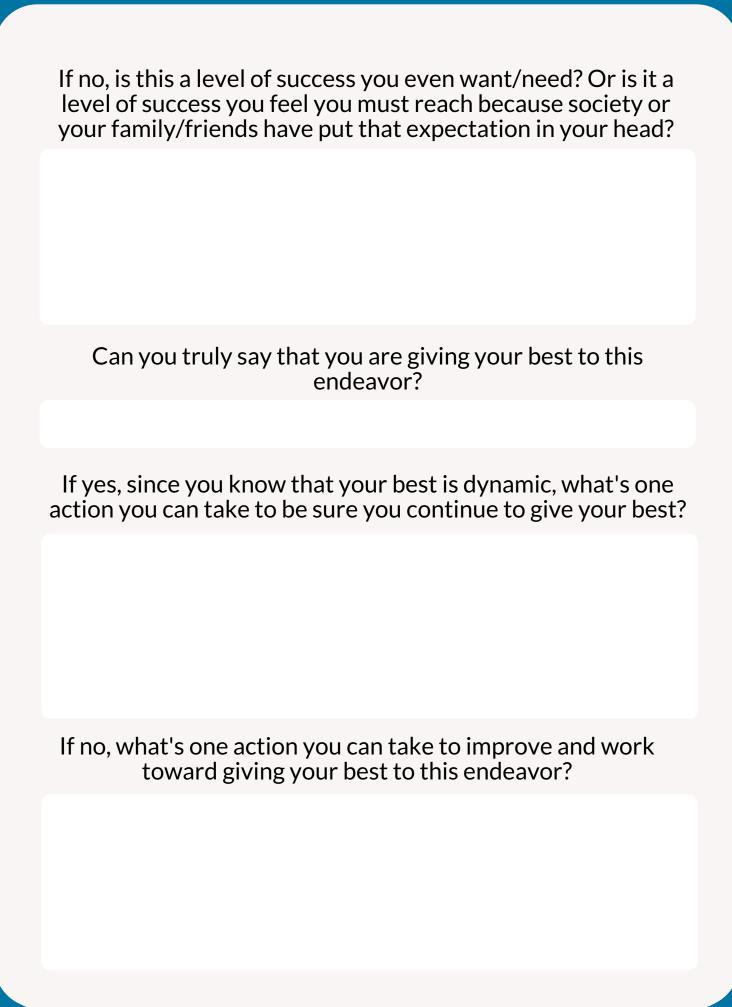
The Best Personal Growth Goal You Can Have

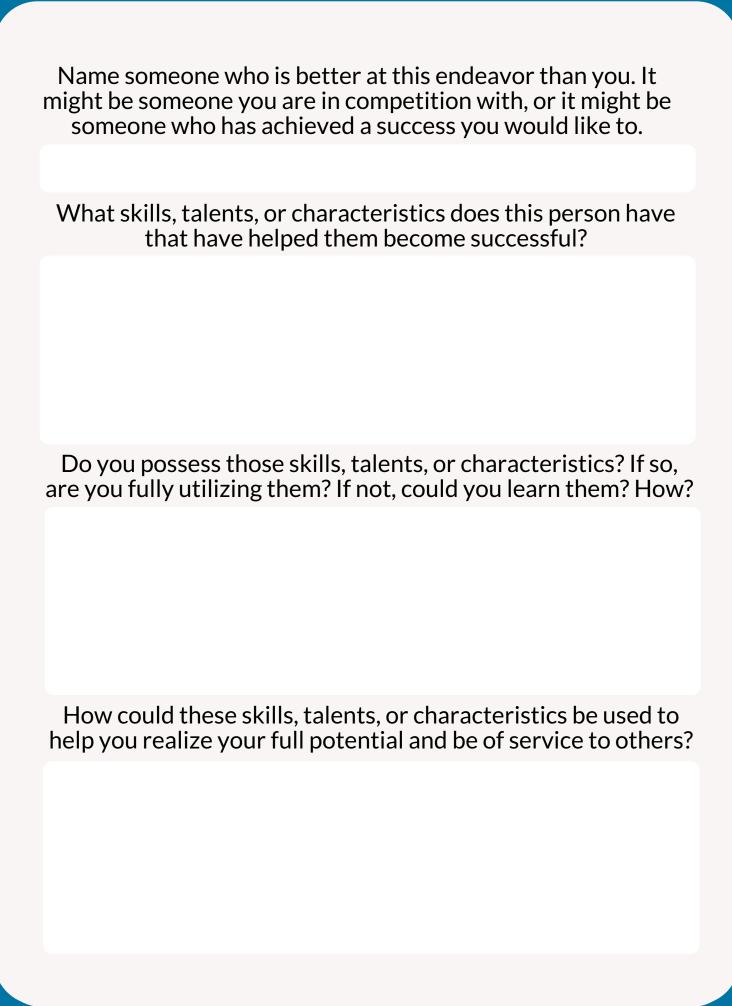
This worksheet will help you embrace the "We're #2!" mindset so that you can balance your accolades with your ego. This will enable you to focus your efforts on serving others.

Do you feel like you have to be #1 at something? What is it?

Have you achieved this level of success?

If yes, how do you feel when you think about this success? Do you feel inspired to keep growing and to serve other? Or, do you feel worried that you will lose your status and that you must protect it?





Are you a gracious loser? What can you do to become one?
Do you realize that your best is dynamic? In what ways?
Do you value staying curious? What daily habits could you form or break to help you stay curious?