



Chase Your Dreams With Open Eyes The 3 Stages I Went Through

This worksheet will encourage you to pursue your dream with intention by defining your dream, creating a sustainable vision, and designing a system that works for you.

What dream are you either chasing or thinking about chasing?

Why do you want to chase this dream?
What are you hoping to achieve?

What's unique about your dream? What sets it apart from what others have achieved in your niche?



What skills/knowledge/abilities do you have that will help make your dream a reality?



What skills/knowledge/abilities should you gain? Which ones are necessary to make your dream a reality?



What skills/knowledge/abilities would be nice to have, but you really don't need to have them right now? Which ones can you put aside for now or lean on someone else for?



What is your initial game plan for chasing your dream?



Have you asked for buy-in from your significant other or another person who fills that role in your life? If not, be sure to work doing so into your game plan.

Now, go back through your game plan and do your best to identify any parts of the plan that do not feel authentic to you.

Is there another way to tackle that step that would work better for you? Or should you remove that step altogether?

So far you've:

- Defined your dream (in the first 2 questions),
- Created a sustainable vision (the 3rd and 4th questions),
- Started to develop a system that works for you (the rest of the questions).

Now comes the hard part. As if all of that wasn't hard enough, right?

You'll need to keep revisiting and revising this worksheet as you move through the stages of chasing your dreams.

Ultimately, going through this exercise will help you determine whether or not you want to keep chasing your dream for the long haul.

Reach out if I can offer any other inspiration, advice, or encouragement.

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